

Compulsory and Recreational Gymnastics Clinic
American Twister Gymnastics, Coconut Creek Florida
August 22, 2010

8:00 - 8:30	Registration		
	Lecture 1 - Gym	Lecture 2 - Gym	Lecture 3 - Judges Room
8:30 - 9:30	JO Update For coaches and judges Cathy Fariz and Sharyn Strickland		
9:30 - 10:25	Rec Warmups/Games Stacy Moore	Compulsory Tumbling Mark Robbins	Prep Op: Review & Practice Judge Cathy Fariz
10:30 - 11:25	Rec Beam ideas Debbie Feugill	L 4-6 Bars Mark Robbins	Compulsory Beam & Floor: Pet Peeves in Judging Kevn McNamara
11:30 - 12:25	Rec Bar ideas Debbie Feugill	L 4-6 Floor Stacy Moore	Prep Opt and L7 Bars - What's the Angle? Cathy Fariz and Sharyn Strickland
12:30 - 1:30	Lunch on your own--take a quick lunch break & be back on time		
1:30 - 2:25	Preschool Carolyn Jurgrau	L 2-3 Floor Sue Tonietto	Compulsory Practice Judging 1:00 - 3:30 Cathy Fariz, Sharyn Strickland, Kevn McNamara
2:30 - 3:25	Rec & L 2/3 Vault Marty Kallen	BB leaps, turns, CW's & WO's Mark Robbins	
3:30 - 4:25	Beginning Opt. Dev. Stacy Moore	L 2-3 Beam Sue Tonietto	Code of Conduct/Professionalism 3:30 - 4:15 Kevn McNamara
4:30 - 5:25	Fun/Fitness ideas Debbie Feugill	L 4-PO Vault Marty Kallen	CPE and Q & A on Judging 4:15 - 5:00 Cathy Fariz

Business Seminar - Dance Room
 (Separate Registration Fee) 9:00am-5:00pm: Frank Sahlein

USAG Judging Exams 4:00 - 8:45
 Mark Robbins
 Pre-registration for the exam is required.
 This is done through the USAG web site.